# Roger Williams University

#### "How to Get the Most Out of Your Intern"

Presentation for newsroom managers By Janine Weisman Adjunct Professor, Journalism Independent Journalist

Saturday, Feb. 8, 2020 New England Newspaper and Press Association 2020 New England Newspaper Convention Boston Renaissance Waterfront Hotel

#### Is it an internship?

YES NO

Labor is supervised by a professional in the field

Promotes academic, personal or career development

Includes learning objectives, observation, reflection, and evaluation

Labor is unsupervised

Meant to replace an employee

More than 20% busy work (filing, covering phone, errands)

# Roger Williams University

#### Student interns cannot ...

- Pay any out-of-pocket expenses towards any aspect of the internship.
- Transport clients in their personal vehicle during an internship for academic credit.
- Perform work in private homes.
- Be related to the internship site supervisor.

# Roger Williams University

Must be completed in order to graduate

Complete 135 hours and also write a 10-12 page paper

Include evaluation by their site supervisor

#### Where RWU students have interned since 2018

**WLNE Providence** 

East Bay Newspapers, Bristol, RI

**WCVB - TV Channel 5 Boston** 

**Newport Daily News** 

WTNH, New Haven, CT

**Hot 106** 

**WPRI 12 & Fox Providence** 

**Rhode Island Monthly** 

#### How common are paid journalism internships?

"Out of the the **10** journalism interns that have registered since Summer 2018, **none** of them have been paid."

— Rena Piller-Thurston '97

Assistant Director, Experiential Learning
Roger Williams University Center for Career & Professional Development

## **Bob Wallack Summer Intern Stipend**

\$500

Editors at NENPA member publications can apply

Deadline in early June.

#### Now Accepting Applications For The 2019 Bob

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#### About the Upb Wallack Community journalism Fund

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# Today's Students ... Tomorrow's Reporters

\$1,000 Scholarships available to high school seniors and college students pursuing a career in journalism



Download applications: WWW.nenpa.com Questions: 781.281.7284 | Deadline: March 27, 2020

#### THE WALL STREET JOURNAL.

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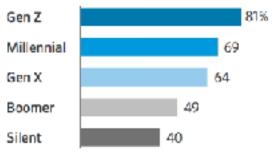
SECRETARIAN ACCESSES

#### Younger Workers Feel Lonely at the Office

Olderworkers are less likely to say they feel alienated by co-workers or emotionally distant from colleagues, according to a survey



#### Share of lonely workers by generation



#### l often feel disconnected from others at work\*...



#### Lexperience a general sense of emptiness when Lam at work...



#### I feel I need to hide my true self when I go to work...



\*Percentage of those surveyed who said they somewhat or strongly agree Source. Cigna, survey conducted July 16-Aug. 2; margin of error: +/-1.3 percentage points

# **All Alone**

Young workers experience loneliness at higher rates than other generations, based on a survey of 6,000 workers.

## Who cares if interns (or employees) are lonely?

Lonely workers take twice as many sick days as non-lonely workers—9.5 days, compared with 4.2 days—and miss more days of work because of stress.

Lonely workers are less committed to their organizations and have lower performance ratings from supervisors.

- Cigna study and research cited by Wall Street Journal

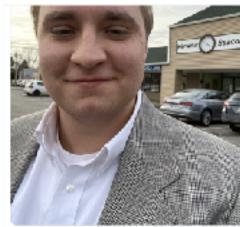


Typer Allen Blygmeten

I wanted to wait until my first day to share some professional news. I'm excited to say that I am now reporting for the Warwick Beacon!







0:49 RM - Feb 5, 2020 from Newport, R. - Twitter for Phone

























# Why Miss R.I. won't be in Bristol



Miss Rhode Island Molly Androde, of Middletown, will be riding a Glooseler's Anciests and Homibies Papale on Thursday, IPMC MICAN, MOREWEONCE; It's off to the Ancients and Herribles for Melly Andrade, who is neither

By Isabella Centile Special in The Nowcort Delly News

BRISTOL — Eight ochook, seven or he guards, sinbands and two professional sports turn massests will march in the notice of a best fourth of July celebration on The worldy. But there's only room to the page and without in his periods.

Miss Fourth of July 2010 ha lists Fitting, accompanied by Little Miss Fourth of July Mckeyla Neves, will ride on a float in Bristol's 234th annual Fourth of July Purade, along with their respective courts. They are the only such title obless allowed to participate in the pecale, per Rule \$3 on allst of 22 official parade rules. Rule \$3 states:

"No only and/or organisation of the permitted to use their perticipation to promote the winner of a pageant/content/organiaction." The current regions bits fourth of paly and their respective courts are the only pageant winners allowed to perticipate in the parade. Any circumvention of the policy may result in theorganization's invitation being with forem."

SEE MISS RI. A

#### Strategy #1: Give the intern a good story!

Roger Williams University student Isabella Gentile reported on the "one pageant winner only" rule at the Bristol Fourth of July Parade during her summer internship.



Boats are docked recently at Promote li Chignard for the Charter Yacht Show

Michael Svitras

#### CORPORATE CAPTAINS

#### Many skippers in charter boat industry have business backgrounds

By Smile Donley Craft autor

SETTER! - Amongoredos and vastors consecut in empley at the outs new york Charter Yurit Show; a quie excludive of tunned writer-dwellers slended into the crywd. The captains, or the fasos behind the coars has agree the encay at Avergory Shipport above more than on efficity for tywel auditocoesia brocze. Prota Lusion to Khole Mand, many of these engloyeeshave a composite an expressed in constant. I maked the wealth

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We want jobs that fulfill us, rather tranhaving a safe and secure job that pays the bills. We want it to be Instagrammable."

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This corposite affine tion to the racht "Yours your annium country care," a not one-sided, there has a resingued

After appearing time as an adventure

**CAPTAIRS AS** 

#### Strategy #2: Put responsibility on intern to find the story.

Brown University student Emily Davies was sent to 2017 Newport Charter Yacht Show and told to find something interesting to write about during her summer internship.



# The Newport Daily News

Saturday Sarriag, May 11-12, 2019

Responde Madergers - Performable - Associates - Thereins | 🕊 - & Teckyow Bolin

most on 530

#### Everyone and their mother

Report year for apending on Wother's Day. mediating finance still dark rule out taking morns out for trunch is also popular.

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PORTSMOUTH - The motorner who or led Condition a Florida in Portsmooth as Thursday wantednet me, but thee separate floor arranges ment of They taining around success with

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See PROTECTION, 445



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#### Strategy #3: Give intern feature beat.

RWU intern Isabella Gentile assigned both Mother's Day and Father's Day features.

#### Dads want family time on Father's Dav

By funbella fortille. Ryena fivilite De tri News

FOATSMOUTH - berget tro expensive connect for dad on Falber's Dec.

Sonoar flac flat's Fillatta nevenically in and especting anything extravagan: from his two young daught to come Sunday

"Busically, I tood my wife I want a tape measure, which is like \$15, " Pilotte said as he mently watched his claims. daughter Familiah, o. 24 ready tempinantine at Giver Park

Many dods say they went simple froms like this, which might conflict with what gift efficient are alterrating for, ampording to autional evaluation corvey

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Philip Generous pouches his son's Portsmouth youth seeper team. Houseastly seconds his fother's Bay weekend at the Partaments Invitational Second Transactions, process country of entract scaling

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IL DAY Mently sarry プロイガラ

## 6 steps to a successful internship experience

- 1. Reach out to new hires before their start date.
- 2. Make their first day memorable set designated workspace, create a structured schedule.
- 3. Introduce new hires to everyone (even senior executives.)
- 4. Pair intern with a newsroom mentor.
- 5. Set expectations early and often.
- 6. Conduct exit interview for feedback to shape future internships.



#### **Janine Weisman**

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